

# 2024 Valley Little League A & AA Baseball / Softball Rules

## Safety

- Please watch this free concussion video from Nation Federation of High School Association: <https://nfhslearn.com/courses/concussion-in-sports-2>
- Review our league safety plan, COVID & lightening protocol post at: <https://valleylittleleague.org/safety/>
- All coaches must complete two mandatory training classes prior to the season beginning: <https://valleylittleleague.org/coachescornertraining/>

## Coaches

- Please storage unit for ice packs. If there are none, please contact us ASAP.
- If you haven't registered as a coach, please do so **NOW**. A link is provided top of the [coaches corner page](#).

## Fields

- Rainouts – Coaches call rainouts at elementary school fields.
  - Coordinate 3 alternate dates for game with other manger and fill out rainout form here: <https://forms.microsoft.com/r/A8737n7yke>
  - We will provide a list of coaching contacts
- Field Prep – Home team preps field
  - Hand drag and rake the field
  - Line field (inner batters box line and line between home-> first and home-third only) with chalk in storage lockers
- Practice requests
  - Email [info@valleylittleleague.org](mailto:info@valleylittleleague.org) for practice requests as well
  - Most practice times available are on Friday evenings and Saturday afternoons

## Division Rules

- Game length:
  - During the week you can go as long as you want. Communicate with opposing coach prior to game start
  - On the weekends you have 90 minutes.
  - If you have time, please base race the other team at the end of the game
- In game coaching
  - Coaches can be on the field while their team plays defense
  - Don't hesitate to take a moment to teach or coach during the game
- AA
  - Coach pitch only
  - Kids can strike out, but give them a chance to hit (up to 8 pitches)
  - Double on balls hit in the outfield
  - Kids may be removed from the base if they are put out
  - An inning ends after the offense bats through the lineup, last batter clears the bases
- A
  - Coach pitch
  - Bring out tee to finish at bat o Double on balls hit in the outfield
  - Coaches' discretion to remove kids from bases on put outs
  - An inning ends after the offense bats through the lineup, last batter clears the bases